MATH170U32 Graphs Question 1

Print out the chart below. As you sit at your computer, place your index and middle finger on your neck right below your chin until you feel your heartbeat. Count the number of heartbeats in 10 seconds. Perform the activities in the chart and then fill in results. State each activity and the data collected (number of heartbeats in 10 seconds) for each activity.

EFFECT OF EXERCISE ON HEARTBEAT RATE	
ACTIVITY	NUMBER OF HEARTBEATS IN 10 SECONDS
SITTING AT COMPUTER	
WALK FROM ONE ROOM TO ANOTHER	
SKIP OR HOP IN PLACE FOR ONE MINUTE	
RUN IN PLACE FOR ONE MINUTE	