# firstpalette <br> Your step-by-step guide to kids' crafts 

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## Sponge Painting

 of all ages.

## Materials

- Any water-based paint
- Plastic plates or trays
- Paper or fabric
- Scissors


## Safety Tips

## Steps



Sponge painting is a very versatile art activity that can cater to any lesson theme and can be enjoyed by children

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- Craft sponges, kitchen sponges or bath sponges
- Watch out for this sign lit. It means adult help is needed for the particular step.

1. You can start out with ready-made craft sponges or you can make your own out of old kitchen or bath sponges. To make your own, gather several old sponges and clean them. Once dry, draw different shapes on each sponge. You can draw one or two shapes per sponge, depending on how big you want the shapes to be.
2. Cut out the sponge shapes. You can keep the trimmings for the painting part. Use them to print small or fine details such as grass, leaves, or lines.

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3. Put water-based paint like tempera, poster paint, or acrylic paint in plates or small trays. Add some water to make the paint more spreadable but avoid watering down the paint too much.
4. Dip a sponge on paint, making sure that the bottom is evenlycoated with paint.
5. Press the sponge firmly onto paper or fabric.
6. You can fill your picture with fun random shapes.

Or compose a picture using your sponge shapes. You can finger paint the details or use the sponge trimmings to print small images.

## More I deas



Try sponge painting the background before stamping on shapes and images.

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Use sponges as a fun way to practice the alphabet and learn to spell words.

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[^0]:    Create an interesting effect by overlapping the sponge prints.

