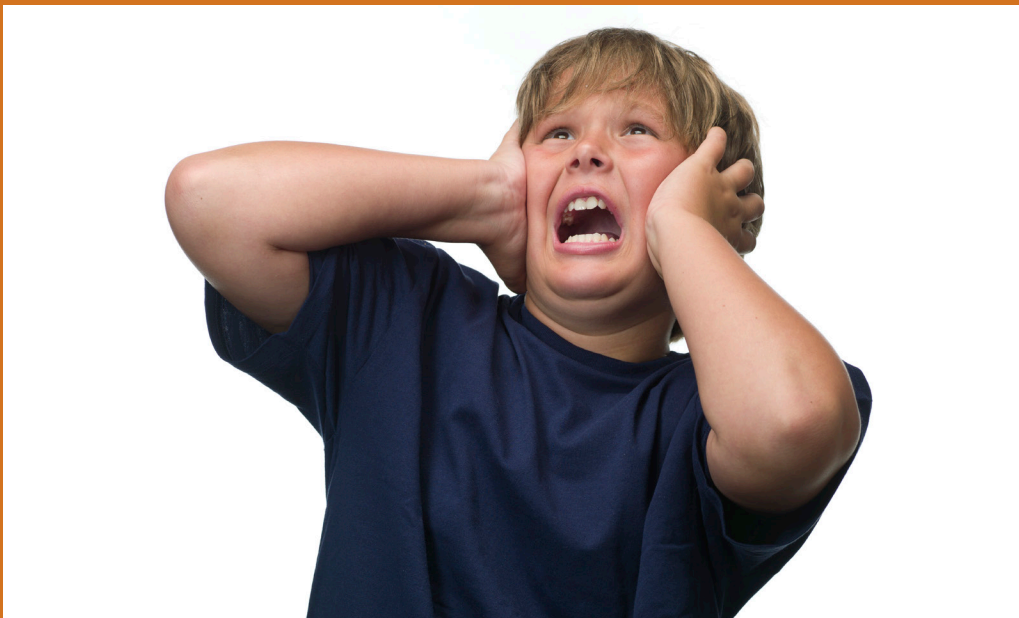


# FEAR

## TERRIFIED

Extreme fear.



# ANXIOUS

Experiencing worry, unease, or nervousness.



# OVERWHELMED

Feeling buried or drowned by too much to deal with.



# DISCOURAGED

Losing confidence or enthusiasm. Disheartened.



# INSECURE

Not confident; uncertain and anxious.





# EMBARRASSED

To feel awkward, self-conscious, or ashamed.



# INADEQUATE

Lacking what is needed. Not enough. Insufficient.





# CONFUSED

Unable to think clearly; bewildered.



# ABANDONED

Being deserted or cast off.



# REJECTED

To be dismissed as inadequate, inappropriate, or not to one's taste.



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# ANGER

# IRRITATED

Feeling slight anger; annoyed.



# ENVIOUS

A feeling of discontented or resentful longing of someone else's possessions, qualities, or luck.





# HATEFUL

Intense dislike and disgust.



# CRITICAL

Using adverse or disapproving comments or judgments.



# SKEPTICAL

Having doubts or reservations.



# DISTANT

Not intimate; cool or reserved.



# FRUSTRATED

Distress and annoyance because of inability to change or achieve something.



# CRANKY

Ill-tempered, irritable.





# HURT

Distressed or offended by another person's behavior.



# RAGE

Violent, uncontrollable anger.



# SADNESS

## REMORSEFUL

Deep regret or guilt for a wrong committed.



# DEPRESSED

Feelings of severe despondency and dejection often accompanied by guilt and feelings of inadequacy.



# LONELY

Sad because one has no friends or company.





# ISOLATED

Feeling far away from other people; remote.



# APATHETIC

Feeling no interest, enthusiasm, or concern.



# EXHAUSTED

Drained of one's physical or mental resources.



# STUPID

Feeling that one has a great lack of intelligence or common sense.





# HUMILIATED

Feeling ashamed and foolish with injured dignity and self-respect.



# ASHAMED

Embarrassed or guilty because of one's actions, associations, or characteristics.





# HOPELESS

A state of despair; lack of hope.



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# PEACE

# CONTENT

In a state of peaceful happiness.



# RELAXED

Free from tension and anxiety; at ease.





# THOUGHTFUL

Absorbed in thought OR showing consideration for the needs of others.



# RESPONSIVE

Responding readily with interest and enthusiasm.





# LOVING

Feeling or showing great love or great care.



# SECURE

Feeling safe, stable, and free of fear.



# THANKFUL

Expressing gratitude and relief.



# ACCEPTANCE

Consenting to receive or undertake what is offered.





# INTIMATE

Very close connection.



# SERENE

Calm, peaceful, untroubled, tranquil.





# POWER

## CONFIDENT

Believing in oneself.



# SUCCESSFUL

Feeling of accomplishment.



# APPRECIATED

Recognized for one's true value.



# WORTHWHILE

Feeling of value or importance; being worthy of time and effort.



# PROUD

Feeling deep pleasure or satisfaction as a result of one's achievements.





# STRONG

Showing determination, self-control, and good judgment.



# FAITHFUL

Loyal, constant, and steadfast.  
Showing complete trust or belief.



# MINDFUL

Focusing on awareness of the present moment.



# SURPRISED

Feeling mild astonishment or shock.



# RESPECTED

Feeling admired as a result of one's abilities, qualities, or achievements.



# JOY



# HOPEFUL

Feeling optimistic about future events.



# OPTIMISTIC

Feeling confidence about the future.  
Looking on the bright side.



# BELONGING

Feeling welcome and in tune with a place and the people in it.



# CREATIVE

Feeling imaginative and generating original ideas.





# PLAYFUL

Expressing pleasure or amusement; lighthearted.



# CHEERFUL

Noticeably happy and optimistic.





# AMUSED

Finding something funny or entertaining.



# ENERGETIC

Feeling of great activity or vitality.



# EXCITED

Very enthusiastic and eager.



# ELATED

Experiencing great happiness and exhilaration.

